

گیسو تراشی!
خواتین
نفسیاتی دباؤ
کے شکار



گیسو تراشی ایک منظم سازش



سامراجیت کی ہر سازش کو ناکام بنانا ہوگا



یمن کے بچے اللہ سے سوال کرتے ہیں؟

یمن کے بچے اللہ سے سوال کرتے ہیں



جائیں قرآن قیامت تک انہوں کے لئے امتداد ہے۔
ذرا قرآن میں فرعون کے کردار پر غور کر لیا کرو قرآن نے کیوں
اسے ایک کاٹل نعرت قرار دیا؟ اس کے بہت سے حواشی ہیں، ایک بار جرم یہ ہے کہ
دوئی سر اٹھیں میں بیٹا ہونے والے بچوں کو بیٹا ہونے سے پہلے باپ ہونے کے
ساتھی شہید کرنا چاہتا تھا۔ اللہ تعالیٰ کے پاس اس کا جرم اس قدر سچ تھا کہ اس نے
اس کا قرآن میں تذکرہ کیا۔ آج بچن کے تو بچے بچے بچن کے سکتے ہیں، بچن
کے جہول سے پہلے بچے، امت کی جیسے ہی پروردگار ہیں۔ نبی اکرم نے تو
فرمایا تھا کہ مسلمانوں کی مثال بندہ واحد کی ہی ہے، ہم کے بچے کو تکلیف پہنچنے
کی تو پرہیزگار ہے لیکن ہونا چاہئے گا۔ بھول جانا آسان
الطہ اس آیت کی ہے۔ بچے کا ناپول میں
تو ہندوستان کا پرچم جو اس سے اب ہو جائے
اٹھوس تو اس ہاتھ سے امت مسلمان مظلوموں کے حق میں اٹھ گیا بلکہ کرتی ان
کے لئے اور ہاتھ اور گناہ کا اہتمام کیا کرتی، ایک تھوڑی سی تو اس سے بڑا کیا کہ
ان کی بندگی میں اڑا دی جائیں، ان کے اہل عورت بند کر دئے جائیں، دوسرے
بچانے کے تمام ذرائع بند کر دیئے جائیں۔ جو کام دشمنوں نے کرنا تھا جس کے
مطابق ہم نے احتجاج کرنا تھا وہ کام ہم نے خود کرنا پڑا۔ بھول شاعر
اس گھر کا آگ لگ گئی گھر کے چرچ سے

تحریر: ڈاکٹر ندیم عباس

یہ بچن کے شہر حد یہ یہ کاسب سے بڑا امرکاری ہسپتال ہے، اس میں مسلسل اپنے
بچے لائے جا رہے ہیں جو ہر روز ہتھیاروں سے مارے جاتے ہیں۔ بین الاقوامی میڈیاں بچوں کو بکری
کر جھرت زدہ ہے، بچے کیا ہیں؟ بچوں کے اچھے بچے ہیں، انہی عمر سے بہت کم
دکھائی دیتے ہیں، بچے کی علامت ہے اللہ کی رحمت کی جتنی بڑی ہے، اسی کی طرح
ان بچوں کو انسانی امتیاز سے سزا پر لانا دیتے ہیں۔ بچے اور معصوم بچے تو زمین کے
بھی ہوں تو پھر سے لگتے ہیں، یہ تو ان والدین کے بچے بچن کے بھول ہیں، ان کی
آنکھوں کی خشک ہیں ان کے دلوں کا سکون ہیں لیکن اب یہ بچن لائے گئے،
اب یہ بچن بڑے کم ہیں، بھڑکی ہی دوسری کی ذمہ داری بچے کا دل بھڑکانا چاہتا
ہے اور ان کی دماغ میں جو گڑبگڑ ہے۔ جنگ کے بعد سے پانچ آٹھ لاکھ بچے
کی دیکھا گیا ہے، بچے کی بڑی آبادی جو لاکھ لاکھ ہے، گناہ دیکھنے کی جہ
سے بچن کوئی وقت کا کفار ہو چکا ہے۔ بچن میں موت کا قہر ہے، آسمان سے
جہاز آگ برساتے ہیں اور جب اہل بچن ان کا جنازہ پانے کا ہتھم کرتے ہیں تو
بھران جنازوں پر بمباری کی جاتی ہے، جس کے نتیجے میں اور لوگ لقمہ اجل بن
جاتے ہیں۔ یہ گل سسل جاتی ہے۔

اس جنگ میں سب سے زیادہ بچے متاثر ہو رہے ہیں، نئے پھولوں
سے قرآن آباد ہو رہے ہیں، اب شہروں میں بچوں کی تعداد کم ہو رہی ہے، کیونکہ
کچھ بار دوسرے ذریعہ میں بچوں کو مارا جا رہا ہے، بچوں کو ہسپتال میں دوائیوں نہ ملنے
کے سبب ان دیکھتے ہو گئے۔ میں ویڈیو دکھاؤں گا کہ وہ آنکھوں سے کچھ دیا
ہوں اور بچن ان تمام لایا گئے ذمہ کی طرف چلا گیا ہے۔ رحمت دینا عالم کے
والدین کی اولاد سے پہلے اور ان کی والدین بچن میں ہی دینا سے پہلے گئے تھے۔
والدین کے دلوں کو اپنا دکھ لگھنے والے اللہ کے نبی کو جب یہ چلا کہ جنگ کے
اور ان بچے کی گرتے دیکھے ہیں، اللہ کے نبی اس طرح نہ چھوڑے آپ کے ہم
کے صحن کو کھات دیا کیا ہو، بار بار فرماتے ہیں: ہاں ہاں، ہاں ہاں، ہاں ہاں
زیادہ رقم کرنے والے، میں ان کے اس سئل سے اسحق کا اعلان کرتا ہوں، میرا ان
کے اس سئل سے کوئی سئل نہیں ہے، لہذا کو بچنے وقت آگے تھام رہے ہیں، چاہت ہے
تھے کہ دیکھو بچوں کو گل ذکر، یہ ہاں کے لئے بچن ہیں، یہ معاشرے کے لئے
رحمت خدا کا عطیہ ہیں، ان کو گل ذکر ہاں سے ہرگز نہ کرنا، اسے مسلمان عالم
قرآن کے واقعات صرف اس لئے لکھیں کہ ان کو اب کے لئے بچہ کر کے کر

اے اہل اسلام، اے ایک خدا اور ایک
رسول کے سامنے والوں، یمن میں ان
بچوں کا بہتا خون قیامت کے دن ہم
سب سے سوال کریگا، ہمارا راستہ روک
کر کھڑا ہو جائیگا اور کہے گا بتاؤ
جب ہم زندہ درگور ہو رہے تھے، جب
ہماری آہوں اور مسکبوں نے ہمارے
والدین کے سینے کیاب کر دیئے تھے،
جب مسیحارو رہے تھے، جب ہم
بھوک، پیاس، بیماری اور ادویات نہ
ہونے کیوجہ سے لقمہ اجل بن رہے تھے
تو تم نے ہمارے حق میں کیا کیا۔ مشرق
و مغرب میں بسنے والے اہل اسلام کوئی
جواب سوچ لو، یمن کے یہ معصوم بچے
کل قیامت کے دن اللہ کی بارگاہ میں
فریادی بن کر آئیں گے، انکی فریاد کے
جواب میں وہ عدل کریں گے اور ہم سے
ضرور پوچھے گا کہ تم نے ان بچوں کے
لئے کیا کیا۔؟؟

اے اہل اسلام، ایک خدا اور ایک رسول کے سامنے والوں، یمن میں ان
بچوں کا بہتا خون قیامت کے دن ہم سب سے سوال کرے گا، ہمارا راستہ روک
کر کھڑا ہو جائے گا اور کہے گا بتاؤ جب ہم زندہ درگور ہو رہے تھے، جب ہماری
آہوں اور مسکبوں نے ہمارے والدین کے سینے کیاب کر دیئے تھے، جب سیم
رور رہے تھے، جب ہم بھوک، پیاس، بیماری اور ادویات نہ ہونے کی وجہ سے
لقمہ اجل بن رہے تھے تو تم نے ہمارے حق میں کیا کیا، اے اہل اسلام یاد رکھو
جیسے قرآن کہتا ہے، روزِ محشر وہ بیٹیل اللہ کی بارگاہ میں فریاد کریں گی، جنہیں ان
کے والدین نے زندہ درگور کر دیا تھا اور بار بار دعا مانگی تھی جو کھٹ کچا بچن کی
کے اہل ارض ہمارے خالق، اے جنت و جہنم کو خلق کرنے والے، آج روز
مساب ہے اور تو نے وعدہ کیا ہے کہ عدل فرمائے گا۔ آج ہم سوال کرتی
ہیں، "بسیٰ زینب قاتلت" ہمیں کس جرم میں گل کیا گیا؟ مشرق و
مغرب میں کتنے والدین اہل اسلام کوئی جواب سوچ لو، یمن کے یہ معصوم بچے
کل قیامت کے دن اللہ کی بارگاہ میں فریاد کریں گے، ان کی فریاد کے
جواب میں وہ عدل کرے گا، اے اللہ سے ضرور پوچھے گا کہ تم نے ان بچوں کے
لئے کیا کیا۔؟؟

گیسو تراشی کے بڑھتے واقعات سے خواتین نفسیاتی دباؤ کے شکار، عوام اپنی مدد آپ کر رہے ہیں



ایجاد میں کی واداعیں جب عام ہو جائیں تو اس معاشرے کے انسانوں کی باوجود
تکڑا جاتی کچھ اور خوف اور تشویش جیسے ذاتی امراض کا شکار ہو جاتے ہیں بلکہ ان
تھام سہاں کا فوری تدارک ضروری ہے۔ اور یہ توڑتی کی باہر قانون نافذ کرنے
والے اداروں کی باہمی کے باعث جو جہاں نے خواتین کے تحفظ کیلئے رضا کارانہ
خوشنماہنگی میں لگنے ہیں۔ معلوم ہے کہ کٹر عناصر کے دہشت گردوں کو جواب دینا
معا کدل بوا کدل مع کدل ناہونہ، معالی کدل اور دیگر علاقوں کے علاقوں
سہیل انکڑ علاقوں میں جن کو سوراہوں، چھانڈی، پورہ پورہ پورہ پورہ پورہ پورہ پورہ
ہیں اور جو جہاں نے رضا کارانہ طور پر کٹیں لگنے ہیں اور جو ان لوگوں کو
گروہوں میں رات گھراہنے اپنے علاقوں میں آئی ہیں۔ جنہوں کی حفاظت کیلئے سرو
راٹوں میں پولیس فورس کی گھرنے کی لگائی ہیں۔ یہاں تک کہ ان کے اپنے اپنے علاقوں
کی حفاظت کیلئے سروگروہوں پر ہیں۔ ان کو کوئی شوق نہیں کہ ہم رات گھروں پر ہیں
لیکن اگر قانون نافذ کرنے والے ادارے اس کی حفاظت نہ کر سکتے ہیں، تو اسے پاس
اور آگیا آجکل ہے؟ ان کا کہنا ہے کہ گھراہنے سروگروہوں کے تمام جہاں پر ہیں اور
اب غور کریں کہ کتنا کٹیں چاہئے۔

باہرین نفسیات کا کہنا تھا جو معاشرے کو ان گوں سہاں کا شکار ہوتے ہیں ان
معاشرہ میں رہنے والے لوگ مختلف ذاتی امراض کا شکار ہو جاتے ہیں۔ قابل ذکر
ہے کہ طبی معاشرہ میں ان لوگوں کے ساتھ معاملات، غیر طبی صورتوں اور سیاسی
سہاں کے سبب ہونے کے سبب مختلف سہاں کی کامیابیاں ہوا ہے۔ ایک طرف
جہاں سہاں کا پڑھنا ہے اور سہاں ایک عام اور غریب آدمی کیلئے موت سے کم نہیں ہوا
مسئلے سے جو غریبوں اور محنت کشوں کیلئے کامیابی سہاں کی لڑنے دوسری طرف
غیر طبی صورتوں سے پھیلنے والے سہاں سے ہے۔ یہ سہاں کیلئے کہہ سکتے ہیں کہ سہاں
پوری وادی کو اپنی لپیٹ میں لیا ہے، جس نے ہر ایک سہاں کو گھراہنے کیلئے سہاں
کے ہاتھ واقعات کے سبب عام زندگی متاثر ہو رہی ہے۔ ہر سہاں کی فکری گھروں
کوٹ جاتے ہیں۔ اسی صورت حال میں حکومت اور قانون نافذ کرنے والے
ادارے اپنی ذمہ داری کو سمجھتے ہوئے عوام کو اس غیر طبی صورت حال جو عوام کو اپنی
پر تیار کرنے میں اہم کردار ادا کر رہی ہے۔ طبی جہاں ہونے کے علاوہ ہر معاشرہ
ذاتی امراض کی آگاہی ہونا چاہئے۔ باہرین نفسیات کا کہنا ہے کہ معاشرے میں رضا
ہونے والے دہشت گردانہ عناصر انسانی ذہن پر اثر انداز ہونے والے کامیاب واقعات، یہ
اسی ہے کہ سہاں کے تمام عناصر، عوام انسانوں، سماجی سہاں، عورتوں کے ساتھ ہونے والے

ولایت ناظم قیاسیٹ رپورٹ
سرکار گیسو تراشی کے متاثرہ واقعات سے بڑھتا ہوا خوف و ہراس کے باوجود
جیسے میں لوگوں کی سہاں کی تلاش اور ہی ہیں بلکہ باہرین نفسیات کا کہنا ہے کہ اگر
فوری طور پر خوف کا ماحول ختم نہیں کیا گیا تو اسے ہر ایک اور خطرناک نتائج برآمد ہو
سکتے ہیں۔ اس دوران میں ہر سہاں کو ہر سہاں سے لگنے کیلئے ضروری ہے۔ ہر سہاں نے اپنی
مدد سے کہتے ہذا کا دہشت گردانہ صورت میں شروع کر دی۔ تو جہاں کا کہنا ہے کہ
شریک سرگروہوں سے تمام سہاں کو ہر سہاں اور اب طوحنی کو کٹیں چاہئے۔ "ولایت
ناظم" نے کہا ہے کہ "کے ان لوگوں کے مطابق، ماہل وادی کٹیں میں گیسو تراشی
کے ہر سہاں سے لگنے والی، جس نے ہر گزرتے دن کے ساتھ لگتے ہیں اور
تشویش کا لڑخ اختیار کیا ہے۔ اب تک وادی کٹیں میں 100 سے زائد گیسو تراشی کے
سہاں واقعات رونما ہوئے۔ تاہم ہر سہاں میں ایٹ وک میں شمار ہوتی وادی
رہتی پولیس کو اس سہاں کو کٹنے کے سہاں سے بھی کٹ کوئی متاثرہ سہاں ہوا نہیں
آئی۔ عام لوگوں میں اس سہاں میں کٹیں اور طوحنی پڑا جاتا ہے۔ یہاں تک کہ
خواتین اب نفسیاتی وادی کی تلاش میں ہیں۔ باہرین نفسیات کا کہنا ہے کہ اگر خوف کا
ماحول کافی دیر تک قائم رہے تو نفسیاتی وادی تشویش کا لڑخ اختیار کر سکتا ہے

Modern Education has failed to achieve Desirable Results

A teacher is an ascendant personality to whom Imam Ali a.s says: "I am slave to the person who taught me even a single word, is entitled that he can sell me or set me free."



SHUJAAT HUSSAIN

Since the birth of the cosmos when Humans started breathing in the chamber of survival(earth), there has been the super escalation in the behaviour of humans. They have burned their candles from both the ends to morph themselves into the reputed and esoteric specie, they polished their outspoken to make listeners comfortable with them, they changed their styles by jostling the bad traits, they turned the insidious things upside down and atlast they grabbed the hold of impervious and innocuous life by obfuscating the feldom of ignorance and catastrophic tenets.Education orchestrated all the elements of human life which had been in sixes & sevens for centuries. Nothing in the world could have transformed the humans ,have there not been the word "learning" and learning the positivism is the "education." Beasts then ,wilderness cemented in them ,hawkish masses then, draconianism placed in them have been now replaced with mannered outfit, pacification overflowing now, clemency is common and importantly tenets are their to guide the humans. We may say that other things also changed humans but never can exist a thing which changes a human and doesn't relate itself to EDUCATION.

Education ,if looked at beyond its conventional boundaries, forms the very essence of all our actions. What we do is what we know and have learned, either through instructions or through observation and assimilation. When we are not making an effort to learn, our mind is always processing new information or trying to analyze the similarities as well as the tiny nuances within the context which makes the topic stand out or seem different. If that is the case then the mind definitely holds the potential to learn more, however, it is us who stop ourselves from expanding the horizons of our knowledge with self-doubt or other social, emotional, or economic constraints.

While most feel that education is a necessity, they tend to use it as a tool for reaching a specific target or personal mark, after which there is no further need to seek greater education.Nonetheless, the importance of education in society is indispensable and cohering that is why society and knowledge cannot be ever separated into two distinct entities.Education is the only thing which replaces the ignorance and ameliorates the whole society. There can be no doubt that schools prove to be the key of education.In the days gone by, often people used to criticize the education & kept their children aloof from education.Verily, either they weren't able to pay their school fee or afford to accomplish homely tasks.But the people who were educated left

no stone unturned to infuse life into death by giving possible education to their children.In today's world,education is so easy to wangle that in a single second,whole world can be studied.Earlier,no facility was there to facilitate an individual in the field of education but present era is the era of facilities even in a one blink,one can cross the seven skies.I have seen so many people with the degrees like M.A, M.ed, B.ed , PHD, M.Phil, M.sc, M.Com, B.tech, B.Arc, etc. But they all are useless here .why such nightmares happen ,this is because either they haven't understood real meaning of education or they aren't ready to render their services to the society. They even ignore sayings like "walk while you have the light, lest darkness comes over you." Apart from the fact, viewing present age,nobody studies for being truly educated,for being immaculated,for being stainless,for being awoken from obscurity,for giving some hope to the society and so on but the education means to them the degree & the certificate whether they are worthy or not. If we go for the meaning of education from house to house,we'll only know that education means awakenment from the ignorance & to bring the internal revolution in one's ownself.How strange is this world that one who learns onething,thinks that he is dexterous of all.It is all the effect of modern education which has pulverised the man with the arrogance & egotism.Even some people go beyond the religion as they are dispising the holy religion books by turning a blind eye to it. If i ask them to say something about religion or Almighty's bounties,they make fun of me by the sentence 'hahaha Religion,just change the topic'. It is said that 'even sun rays can't burn anything unless brought to focus'. This focus gets generated in the people when learn they meaning of real education & when they inherit most of knowledge about religion. And with this focus, they can replace the vilification and defamation with the truth and fame.Even though moonlight proves to be hegemonic to the nights by replacing darkness but with the formation of clouds,moon seems to be extinguished.Even clouds dominate the both sunlight & moonlight. Same is with the current people as although they have got much knowledge and achieved the peak of education yet they are so blemished which plays the role of clouds in their twinkling abilities which turns them into ignorants & quenches their life with darkness. Prophet Mohammad (pbuh) says;

"The greatest jihad is to battle your own soul,to fight the evil within yourself."

It reveals that the biggest success is to throw away the curtain of opaqueness/ spottiness from the hearts

even from the eyes.Since eyes have the ability to focus the infinite objects but heart has the ability to check the variations seen in objects.Therefore both are complementary to each other and both play a vital role in generating ascendance which is possible because of throwing away of such curtain which is only possible because of sweater education.In addition,discipline which is learnt with respect to education as more the education we get,more we learn discipline but sadly,I am having to say that nowadays,discipline is less seen in we people because we haven't portrayed the theme of education well.A candid can be delineated by the truth of education which should be carved in them.Comming to the truth,present education has failed to achieve desirable results.Verily,the reason behind that is the carelessness of teachers and the arrogance of students.

A teacher is an ascendant personality to whom Imam Ali a.s says,"I am slave to the person who taught me even a single word, is entitled that he can sell me or set me free." Today's teachers are either ascribable to that diamond whose shine is ruined by the black dust or to that book whose pages are blurred by paper moths as students are being misguided & diverted from the straight path by filling their life with idleness.In addition,current teachers make students accustomed of idleness by teaching them the jokes instead of lessons,by sitting carelessly with no care for students in class rooms instead of caring.Also,students are the energizing agents for a nation,community,society,etc. whose one stuff can popularize the society,whose one word can aggrandize the society,can do what thousands of generations couldn't and whose pen can rejuvenate the older and rusted material even can vanish all hatred from the Earth as it is said that a pen is mightier than a sword.Here fortune is against its fate as 'modern education' gradually carries towards aberrance/ignorance.

Now if we want to see the real impact of the education, look at own daughters, sons or closest relatives , it is beyond the imagination that we can think of killing them, exposing them to fire, bury them alive , shredding them into dead pieces and ultimately watching them while their breath is fading away. This is the unambiguous transformation brought into humans and the executor is none other than the "EDUCATION". Education removed our baffling behavior and replaced it with confidential one.

"Education is our passport to the future for tomorrow belongs to the people who prepare it for today." ~Malcolm X

Author built from Badgys is residing in 19th standard at Babal Ben public He. Sec. School Badgys Karachi

INTERROGATING OUR PUBLIC HEALTH CARE SYSTEM



After, seven decades of our existence, there is pervasive feeling that India's health care is in crisis. The presence of inequality and the absence of accountability have together impeded action to guard our crumbling public healthcare system. system.



The repetition of the ghastly episode were 49 children died in Farrukhabad at Dr. Ram Manohar Lohia Hospital this September is nothing but a reflection of our health inequities that is deep rooted in our public healthcare system. In all 19 children died during delivery and 30 children at the hospital's unit for newborns, reviving memories of Gorakhpur tragedy. This article reflects upon the idiosyncrasies and blemishes that is feeding our public healthcare and argues desperately for a need to interrogate our public healthcare system.

A Realistic Assessment Needed

The Bhore committee submitted its four volumes report in 1946 suggesting a short-term plan to be achieved over a period of 10 years and a long-term plan to be put in place over a period of 40 years with regard to the development of health services in the country. The recommendations proposed to develop a nationwide network of health facilities. The exhortation to cure the ailing health care system was euphoric.

The Bhore Committee report chalked out the role of the state in provision of health, laid emphasis on the need for health programme to occupy high priority in the allocation of available resources and also put forward an epidemiological approach to public health diagnosis and health planning. However, till date, even the objectives of the short term plan are yet to be attained.

The present disarray in the health services system of the country makes the burden on our public healthcare system appear greater and deeper today. The National Health Policy 2017 is supposedly a thrust given by the government to strengthen our healthcare system. The few upshots is that the policy pledges to reduce infant mortality rate to 28 by 2019, reduce under five mortality to 23 by 2025, it intends to achieve the global 2020 HIV target and also determined to increase life expectancy at birth from 67.5 to 70 by 2025.

However, the inclusion of a "progressively incremental assurance based approach" for realizing health care in the 2017 policy as a right in the future have justified that making health as an entitlement is a farfetched dream. Unfortunately, the failure of the health policy paradigm in the

country even after introduction of guided reforms resulting in nothing but bringing more failure needs to be assessed and interrogated.

The Burden of our Public Health Care

India has taken millions of people out of poverty. However, quality and standard health care is only accessible to wealthy families in our country. The National Health Policy 2017 proposed to increase the public spending on health care from a dismal 1 percent to a meagre 2.5 percent of GDP by 2020 which is itself well below the world average of 5.99 percent. However the same has not been reflected in the budget of financial year 2016-17 for the health care sector.

Public resources invested on health care are abysmally low and inequitably distributed across and within states. According to the Economic Survey of India 2017 India spends only 4 percent of its GDP on health care less than half of that in Brazil and South Africa and out of pocket payments account for the majority of it. Moreover according to the OECD Health Statistics 2014 India had only 0.7 physicians per 1000 population well below the OECD average of 3.2 and 1.1 nurse per 1000 population much lower than the average of 8.8 in OECD countries.

The small budget allocated for health care in India has significantly affected the ingress to public health care for poor people and people living in rural areas. Due to lack of available health care, the Indian life expectancy hovers at about 68 years as compared to 76 years for China and 79 for United States of America. These statistics mirrors the betrayal of State in allowing us to enjoy a healthy lifestyle.

The scarcity and the meagreness of our public healthcare have led poor Indians to rely in the services of private doctors. This had resulted in an escalation in the increase of out of pocket payments by the poor people driving many of them to acute poverty. **There is considerable ideological debate around public versus private health care services however the only way to achieve universal and equitable access to health care is strengthening the reliance on public health services.** We need to understand that there is tight knit relationship

between health and economic development of a country and it is clear that the lack of investment in healthcare has affected the development of our economy.

Need for Health Referendum

There is an ever increasing public health challenges for us to surmount. These challenges include rise of people being affected by communicable diseases and non-communicable diseases on one hand and lack of effective and robust public health care system to mitigate on the other in the present. In Thailand there is strong movement to build healthy public policy through intersectoral collaboration and community participation in health reforms via National Health Assembly. A tradition of dialogue and rising level of consensus have evolved in driving health gain in Thailand. There needs to be such resistance to attenuate the challenges that beholds our public healthcare system through participatory citizenship.

However, today, the public health discourse in India is mostly guided by the market forces indebted in profit making motives. The presence of multinational companies and pharmaceutical companies are felt as they are key stakeholders in designing our public health policy and programmes. The presence and participation of public in public health discourse today is much needed than ever before. This will empower the public to utilize their skills, affirm their rights and take up responsibility against our failing public health care system.

After, seven decades of our existence, there is pervasive feeling that India's health care is in crisis. The presence of inequality and the absence of accountability have together impeded action to guard our crumbling public healthcare system. It is about time we are done experimenting with our healthcare system and posit the quest for a more equal health care system.

Jitanyu Sahoo and Monis Ahmad are currently working as Junior Legal and Research Consultant with the National Human Rights Commission. Views are personal.




2nd Year of Publication Srinagar

WILAYAT
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حکیم میری نواہوں کا راز کیا جائے
ورائے عقل ہیں اہل جنوں کی تمہیریں

What can the sage know my
song's secret? the words of man of
madness are beyond reason's ken.



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“Braid-chopping” sparks fear and unrest in Kashmir



Srinagar: A wave of fear has gripped Kashmir after a series of “braid-chopping” attacks that have resulted in protests across the region. At least 200 women in Kashmir have reported being attacked by masked assailants in the last two months. The women claimed the attackers sprayed chemicals on their faces and left them unconscious. Upon waking up, they found their hair had been chopped off. On Sunday, masked attackers cut off a woman's braid in Srinagar, sparking angry protests. The 35-year-old victim said she was attacked after she responded to someone knocking at the gate of her house. Her husband - an auto-rickshaw driver - was not home at that time. “One of the masked attackers grabbed me by my hair from behind and sprayed something on my face,” the victim, Gulshan, told Al Jazeera. “I screamed loudly before fainting. I assumed it was my husband, but.” Gulshan was unable to finish off her sentence. She started shivering amid inconsolable sobs, sitting on her bed as she relayed Sunday's events. Hussain Ahmed, a neighbour, was the first to respond to Gulshan's screams. “I saw her face had some sort of liquid on it and her eyes were fluttering,” Ahmed said. “We tried contacting the police several times. Nobody answered our calls or came for help.” A week earlier, Sami Reyaz, 32, of Srinagar's Baghat neighbourhood had met the same fate. “I was holding a dustbin when two people came through the main gate of our house,” Reyaz said. Like other victims, she was also rendered unconscious and her braid was sliced off. “When I woke up, I found they had left my chopped braid near the entrance before fleeing.” The first braid-chopping incident in Kashmir was reported on September 6, when a schoolgirl,

Naira Nazir, was attacked. Such incidents have also been reported across the north Indian states of Uttar Pradesh, Punjab, Rajasthan and Haryana, as well as the capital, New Delhi. Earlier this month, a senior police official told local media he has sought details of over 1,500 incidents, as well as history of victims from these states “to get to the root of the issue”. Government sources said police has registered more than 40 First Incident Reports against alleged braid-choppers and rumour-mongers in Kashmir. The region's police chief SP Vaid told that the cases were being treated as a crime and has even offered a reward of \$9,000 for information leading to the culprits. “The police is doing its best,” Vaid said. “We have requested the government for constituting a team so that those who are complaining of braid-chopping are properly assisted. We will be sure about things once the investigation is completed.” Vaid, however, hoped the incidents in Kashmir “will vanish soon” as they did in northern India. The issue has now snowballed into a major political crisis. Pro-independence groups, who oversaw protests on Monday, see a government hand behind the increase in these attacks. “The government wants to instil fear and divert attention from the main issue which is unabated killings and other human rights violations committed by the Indian troops in Kashmir,” pro-independence leader Mirwaiz Umar Farooq told Al Jazeera. “Every other day, rebels are identified and killed and youth are arrested under the pretext of stone-pelting. Why can't the government identify these culprits,” he added.

The alleged braid-choppers have frightened locals across the disputed Himalayan region opposition and rebellion against India's rule and militarisation since 1989 have already caused huge physical and mental damage on its population. India and Pakistan each administer a portion of Kashmir, but both claim the territory in its entirety. Nearly 70,000 people have been killed in the rebel uprising and a subsequent Indian military crackdown. Another 10,000 people have disappeared, mostly in the custody of government forces, leaving behind an army of orphans and widows. The fear among the local population has left several innocents exposed to public anger. In the northern Baramulla district, locals beat a young boy who had gone to see his girlfriend. In Srinagar city, two women, who gatecrashed a wedding, were accused of braid-chopping and assaulted by the hosts and guests. Last month, people in southern Kulgam district claimed to have caught a braid-chopper, who was rescued by Indian soldiers, stirring renewed tensions. Earlier this month, a 70-year-old man, who had gone to relieve himself during the night, was mistaken for a braid-chopper by neighbours and killed. On Sunday, police released pictures of six backpackers - three Australians, a South Korean, an Irish person and a Briton - who lost their way and were travelling in Srinagar, when some people surrounded them and started probing. “Some locals tried rescuing the group and called the police. With great efforts of the police and understanding individuals in the public, the group was rescued,” a police spokesman said.

